



A SLICE OF LIFE

BELGIUM | POST-PUNK / DARK WAVE / ALTERNATIVE ROCK

NEW RELEASE

New EP & single — out mid-October 2026

Fresh material recorded in the summer of 2026.

A Slice Of Life is a Belgian post-punk / dark wave band blending melancholic atmospheres with driving guitars and infectious melodies.

The band pairs strong songwriting with a powerful, expressive vocal style. Balancing energy and melancholy, A Slice Of Life creates a sound that is intense yet accessible. Known for compelling live performances, the band has built a strong reputation on stages across Belgium and Europe.

BIOGRAPHY

Rooted in post-punk, wave and alternative rock, A Slice Of Life combines dark atmospheres with melodic strength and live intensity. Layered guitars, atmospheric keys and a driving rhythm section form the backbone of a sound that is both melancholic and energetic.

Live, the band stands out through authenticity and dynamics. Everything is performed live, resulting in raw and immersive shows. This approach has led to performances at major festivals such as W-Festival, Wave-Gotik-Treffen (Leipzig) and Sinner's Day.

Their debut album *Restless* (2018) received strong national and international press, including a 4/5 review in *Het Nieuwsblad*. With continued releases and a strong focus on live performance, A Slice Of Life keeps expanding its reach within the European dark alternative scene.

NEW MUSIC — 2026

In the summer of 2026, A Slice Of Life went back into the studio to record new material. The sessions resulted in a brand-new EP and single, both set for release in **mid-October 2026**. The new songs mark the next chapter for the band, carrying the energy of their live shows into the studio.

ALBUM — TABULA RASA

Tabula Rasa shows A Slice Of Life at their most focused and mature. The album balances dark post-punk atmospheres with strong songwriting and melodic drive, combining urgency and melancholy without losing accessibility. Guitars cut sharply through layered synth textures, while the rhythm section keeps everything tense and propulsive.

Vocally, the album stands out for its emotional range and character, reinforcing the band's identity while pushing beyond familiar genre boundaries. *Tabula Rasa* feels confident, cohesive and built for the stage — a record that translates powerfully into the band's intense live performances.



A Slice Of Life live

LINE-UP

Dirk Vreys	Vocals
Wim Kempenaers	Guitars
Guy Wilssens	Guitars, keys & programming
Nelson Da Silva	Bass
Luc Bas	Drums

CONTACT

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MUSIC & VIDEO

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